

Holistic Health Practitioner™ Diploma Program Coursework

Course		Prerequisite	Weekly Class/Lab/Clinical Hours	Credit Hours
Quarter 1				
RKI 101	Reiki I		10 Class	1
INT 100	Intention Body/Mind/Spirit		40 Class	4
BIO 103	Anatomy & Physiology and Pathophysiology for Holistic Practitioners		40 Class	4
Quarter 2				
RKI 201	Reiki II	RKI 101	10 Class	1
REF 101	Reflexology: Theories and Techniques I	BIO 103	30 Class/20 Lab	4
HNU 101	Holistic Nutrition I		40 Class	4
Quarter 3				
REF 201	Reflexology: Theories and Techniques II	REF 101	30 Class/20 Lab	4
RKI 202	Reiki III (Master Level)	RKI 201	20 Class	2
ARO 101	Aromatherapy I		10 Class/20 Lab	2
Quarter 4				
HNU 201	Holistic Nutrition II	HNU 101	40 Class	4
HHT 101	Herbal Health I		20 Class	2
ARO 201	Aromatherapy II	ARO 101	10 Class/20 Lab	2
Quarter 5				
SPK 101	Specialized Kinesiology I		20 Class/20 Lab	3
NDI 100	Non Directive Imagery		20 Class/20 Lab	3
HHT 201	Herbal Health II	HHT 101	20 Class	2
Quarter 6				
SPK 201	Specialized Kinesiology II	SPK 101	20 Class/20 Lab	3
HYP 101	Hypnotherapy: Theories and Techniques I		30 Class/20 Lab	4
HHP 101	Holistic Health Practitioner™ Integrative Studies		10 Class	1
Quarter 7				
NLP 100	Neuro Linguistic Programming		20 Class/20 Lab	3
HYP 201	Hypnotherapy: Theories and Techniques II	HYP 101 & BIO 103	30 Class/20 Lab	4
Quarter 8				
ALH 103	Business and Ethics	Modality Completion	20 Class/10 Lab	3
HHP 301	Holistic Health Practitioner™ Preceptorship	All Modality Coursework	60 Clinical	2
Total Credit and Lab/Clinical Hours and Tuition			490 Class/ 200 Lab/60 Clinical	62