

Holistic Life Coach™ Diploma Program Coursework

Course		Prerequisite	Weekly Class/Lab/ Clinical Hours	Credit Hours	Cost
Quarter 1					
INT 100	Intentions Body/Mind/Spirit		40 Class	4	\$800
BIO 103	Anatomy & Physiology and Pathophysiology for Holistic Practitioners		40 Class	4	\$800
Quarter 2					
HNU 101	Holistic Nutrition I		40 Class	4	\$800
Quarter 3					
ARO 101	Aromatherapy I		10 Class/ 20 Lab	2	\$400
Quarter 4					
HNU 201	Holistic Nutrition II	HNU 101	40 Class	4	\$800
HHT 101	Herbal Health I		20 Class	2	\$400
ARO 201	Aromatherapy II	ARO 101	10 Class/ 20 Lab	2	\$400
Quarter 5					
NDI 100	Non Directive Imagery		20 Class/ 20 Lab	3	\$600
HHT 201	Herbal Health II	HHT 101	20 Class	2	\$400
Quarter 6					
HYP 101	Hypnotherapy: Theories and Techniques I		30 Class/ 20 Lab	4	\$800
HLC 101	Holistic Life Coach™ Integrative Studies		10 Class	1	\$200
Quarter 7					
NLP 100	Neuro Linguistic Programming		20 Class/ 20 Lab	3	\$600
HYP 201	Hypnotherapy: Theories & Techniques II	HYP 101 & BIO103	30 Class/ 20 Lab	4	\$800
Quarter 8					
ALH 103	Business and Ethics	Modality Completion	20 Class/ 10 Lab	3	\$600
HLC 301	Holistic Life Coach™ Preceptorship	All Modality Coursework	60 Clinical	2	\$400
Total Credit and Lab/Clinical Hours and Tuition			350 Class/ 130 Lab/60 Clinical	44	\$8,800
Estimated Cost of Textbooks, Skills Lab Materials, Uniforms (2), Liability Insurance					\$1,660
Total Program Cost					\$10,460